# Helpful Apps for Downloading Success

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## **Overview**

- Phones: double-edged swords!
- ☐ Apps for Organization
- ☐ Apps for Time Management
- ☐ Apps for Foreign Languages
- ☐ Apps to Make Reading Easy
- □ Apps for Textbooks
- Apps for Self-Care
- □ Apps for Employment
- ☐ Apps for Safety
- ☐ Financial Literacy Apps

## Phone: Distraction or Helpful Tool?

## Helpful (PROS):

- -Keep in touch with friends & family.
- -Time management.
- -Emergency situations.
- -Resources in seconds.

## Distractions (CONS):

- -Comparing self to others on social media.
- -Expensive.
- -Spending too much time.
- -Missing out on real life situations.
- -Reckless behavior (texting when driving).

# **Apps for Organization**

## **Google Drive**

- Collaborate with other students.
- Share documents, slides, sheets and other files.



## Mendeley

- A platform to store research papers.
- Highlight & take notes on document.





## Any.do

- Platform to organize your calendar, tasks, & has reminders.
- Comes with a smart assistant.

#### **Focus Booster**

- Breaks your work session into 25 minute increments.
- Adds break sessions.

#### Remember the Milk

- Task list app where you can add assignments and prioritize the due dates of certain assignments.
- You can also break up big tasks into smaller subtasks. Get reminders anywhere, via email, text, Twitter, etc.











### **Dict Box**

- Dict Box is an offline dictionary & translator app for 50+ languages.
- No internet connection required.
- Fast, convenient & easy to use.
- Smart word suggestions.

## Duolingo

- A language-learning app.
- Language proficiency assessment exam.
- Daily exercises.







## Speechify

- Read pdfs and articles for you.
- Speechify is an intelligent text-to-speech audio-reader that turns your reading material into interactive audiobooks so that you can save time
- retain more information, and stay focused.
- Speechify can read books, documents and articles while you cook, work out, commute, or any other activity you're doing so you save time.
- Scan physical book pages with your device camera.
- Import internet articles straight from your mobile browser.

## **Apps for Textbooks**

#### **Amazon Kindle**

- Digital versions of textbooks.
- Able to highlight what you read.
- It's convenient. You can carry five thousand books in your purse. It's great for traveling
- Recent books are a little cheaper in Kindle format than print.
- You can also surf the web, listen to mp3 recordings (music or podcasts), and play games.
- The dictionary feature is especially nice. Put your cursor in front of a word, and you can see the definition of that word immediately. A great way to increase your vocabulary.
- You can increase the font size.
- You can search for a certain word in a book.
- You save a lot of trees.

## Apps for Self-Care

## Sleep Cycle Alarm Clock

- Track your sleep scientifically better sleep.
- Helps you track your sleep scientifically to get better, more productive sleep.
- The app uses your smartphone's microphone function to listen to you sleep to find when you are sleeping your deepest, and when you are fully rested and ready to wake up.
- Sleep Cycle will monitor signals from your body to wake you softly when you are in the lightest possible.



## **Apps for Employment**

## Handshake Jobs & Careers App

- A college-to-career network for more than 14M students and young alumni at 700 universities nationwide.
- Discover and apply to jobs and internships from over 300K employers, with representation for 100% of the Fortune 500.

#### LinkedIn

- Social media for networking & job opportunities.
- Upload & promote your resume.
- Apply for jobs.





## **Apps for Safety**

#### **Smartwatcher**

- Stay safe walking home from class at night with Smartwatcher.
- Connect to other friends, and let them know where you are when you're walking home.

#### **Raved Guardian**

- Rave Guardian is a free application that transforms your cell phone into a personal safety device.
- Walking buddy.
- Safety timer.
- Campus Police.



## Financial Literacy Apps

## Mint

- A budgeting app that allows you to manage your spending each month.
- Get suggestions on your budget, pay your bills and track your credit score.



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